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Practical Modern Basketball



Synopsis

Coach Wooden, more than anything else, is a teacher. Basketball just happens to be his subject. This book outlines a pattern, a theory, a strategy, and a course for how to develop as a basketball player and as a person. It organizes and dispenses the knowledge that Coach Wooden has accumulated over a lifetime in the game of basketball. It gives the reader an understanding of the delicate balance of the simple reality of the game and the incredibly demanding effort and dedication needed to master basketball. This timeless book will help everyone who is interested in improving their life and their basketball game. This book is so well thought out, well planned, well organized, and well written that it is perfectly applicable thirty-two years after its first publication. Reading it will make you feel like a member of the team. --This text refers to an out of print or unavailable edition of this title.

Book Information

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Customer Reviews

When you think of Success, you should recognize John R. Wooden as the leader in this area. This book expands upon his Pyramid of Success philosophy through his coaching regimen. Here again, what was the reason for UCLA's success. It was through the attention to detail and preparation. This book is very detail oriented. It is a working example of what it takes to become successful in coaching basketball. If you are coaching youths that are below the high school ranks, then this book is probably too advanced for knowledge transfer. But, there are many drills, offensive sets and defensive alignments that are teachable to young basketball players. For coaches involved in youth leagues, CYO, AAU, Intramurals, Junior High School, this book can help if you are trying to improve upon specific areas of teaching basketball. For instance, I found the 3-1-1 or "T" Half Court

Zone Trap to be quite effective and provided a new look defense. There are a multitude of offensive sets, systems, and drills that may help as well. What you'll find in the book is there is no magic to winning as the label "Wizard" would suggest. It is accomplished through hard work and for coaches it is the details. Thanks again Coach Wooden.

This book was an amazingly detailed and organized coaching tool from the legendary master coach/teacher, the late Coach John Wooden. The logical result of Coach's passions for teaching and basketball, this 'textbook for an advanced degree in basketball coaching' is recommended for anyone interested in learning more about the art and science of the game of basketball. I cannot imagine anyone possibly knowing more of the intricacies associated with teaching, playing, and practicing basketball in a fundamentally sound way. Coach did not miss anything related to basketball. He had a rare combination of abilities that were showcased in this book: to observe everything on or near the court; to understand completely what he observed; to analyze his observations and figure out how to improve or maximize them; and to organize his thoughts and methods to effectively teach what he learned to his players and all those around him. When you add these abilities to Coach's character and integrity, and his effective leadership style, you have an unbeatable formula for a definitive basketball handbook. After just coaching my son's fourth grade basketball team, I found most of the book much more suited for older kids and adults. Should my son and I continue on our basketball paths, I will definitely keep this book handy and use it often.

Such a great book, highly recommended for coaches of all sports and at all levels, from beginning coaches to those at higher levels. This book is definitely targeted toward developing a basketball coaching philosophy, however coaches of all sports can learn from the wisdom of Coach Wooden.

If you're looking for an in depth look into basics and a step by step on how to teach those basics this book is exactly what you're looking for. Thanks Coach!!!

For the book Practical Modern Basketball, the information content is great for basketball coaches; however, the quality of the printed copy I received was bad. It was supposed to be a new copy, but the pages and photographs look like they were produced with a copier machine, and the binding is bad. The pages are already falling out.

I have a ton of books on various aspects of coaching basketball, and this is by far the most

comprehensive resource I own. I particularly appreciate Coach Wooden's attention to detail and his down-to-earth, methodical approach. I'd give it 4.5 stars if that were possible, just because this edition looks like it was run off on a photocopy machine, particularly the photos, but in terms of content, it's almost certain to be the most valuable book in a basketball coach's library.

This book is a fantastic text book for coaching. As one might expect from coach Wooden, it is incredibly thorough covering aspects of coaching from practice organization, to game preparation, tactics, fundamentals, selecting and working with assistant coaches, as well as coaching philosophy and theory. If you only have one book on coaching basketball this should be it. I review it every year prior to the start of the season.

I found this book to be very informative. This was purchased for my grandson who is a basketball fan and player (age 14) and I am sure that he will be delighted with the book (a Christmas present for him)

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